



South County | 9701 Landmark Parkway Dr. | Suite 207 | St. Louis, MO 63127 | Phone 314.849.8700 | Fax 314.849.8737 West County
16216 Baxter Rd. | Suite 299 | Chesterfield, MO 63017 | Phone 636.536.2600 | Fax 314.849.8700
Ste. Genevieve | 255 Boderman Ln. | Bloomsdale, MO 63267 | Phone 314.849.8700 | Fax 314.843.8737
Swansea | 510 Fullerton Rd. | Swansea, IL 62226 | Phone 618.233.8700 | Fax 314.843.8737

WELCOME

We are excited that you have chosen Allergy, Asthma & Food Allergy Centers to help you with your needs. We are a unique office and comprehensive resource for the diagnosis and treatment of children and adults with allergic conditions. We provide high quality patient care in a personal and caring environment.

What we do: We diagnose and treat a wide variety of conditions, including:

Allergic rhinitis (also known as hay fever) • Non-allergic rhinitis • Asthma • Chronic sinusitis • Nasal polyps • Chronic cough Hives • Atopic dermatitis • Allergic contact dermatitis • Food allergies • Stinging insect allergy • Anaphylaxis • Eosinophilic esophagitis (EoE)

Prior to your first visit: Discontinue all antihistamines seven days prior to appointment (example: Allegra, Zyrtec, Claritin, Xyzal, Benadryl) two days prior to appointment, and Singulair (montelukast) one day prior to appointment as we will probably perform allergy testing at your first visit and antihistamines interfere with test results. If you are uncertain about discontinuing a medication, please contact our office. **DO NOT STOP** your asthma, blood pressure or other medications that you take daily. If you are experiencing a rash or hives, please **DO NOT** discontinue medications. Again, please contact us if you are uncertain.

Complete the attached paperwork. Complete the New Patient packet, attach a copy of your physician referral (if needed) and the front and back of your insurance card(s). You can email to info@aascare.com, mail, or fax your New Patient packet to the office. Do not hesitate to contact us with any questions.

Bring a current list of medications with you to your appointment. It is also helpful if you can tell us what you have been prescribed in the past.

Please bring your insurance card, referral from your primary physician (if necessary) and your driver's license or other picture identification. If your insurance company requires a primary physician referral, please request this information from your primary physician one week prior to your appointment day. Patients seen without referral authorization will be responsible for non-payment amounts from insurance company. Your co-payments are collected at time of service. Please note your financial responsibilities, such as deductible and the limits of your coverage. We reserve the right to assess a \$5.00 billing fee for co-payments not collected at time of service. We will submit your claims to your insurance carrier on your behalf as a courtesy, but you are ultimately responsible for your balance.

Be prepared to spend at least two hours at your initial visit. After taking your history, we will perform an exam. Allergy testing takes 15-30 minutes. Lung function testing, if necessary, can take an additional 15-30 minutes. After we have completed our testing, we will discuss a treatment plan with you before you go home.

Wear comfortable clothing and a short sleeve shirt or blouse. Allergy testing usually performed on the arms of an adult and on the back of children. Reactions occur only on the skin, and usually resolve within a couple of hours. These can be easily treated with topical cream.

Please notify us 24 hours in advance if you are unable to keep your appointment. Your courtesy makes it possible to schedule another patient who may be ill. There will be a \$50.00 fees charged if your appointment is not cancelled within the appropriate time frame. If notification is less than 24 hours notice on two separate occasions, we will not reschedule.

While we welcome children and family members to come with you on your visit, remember that you may need to be in our office for a couple of hours at your initial visit.

OFFICE HOURS

Monday	8:30 am – 4:30 pm	Thursday	8:30 am – 4:30 pm
Tuesday	8:30 am – 6:30 pm	Friday	8:30 am – 2:30 pm
Wednesday	8:30 am – 4:30 pm	Saturday	8:30 am – 11:30 am

For more information, contact our office or visit our website at www.aafacenters.com. We look forward to seeing you!