

Cluster immunotherapy (rapid desensitization) is a method of accelerated desensitization to environmental allergens. The advantage of an accelerated cluster immunotherapy program is achieving a maintenance dose more quickly, but it involves a more concentrated time requirement in the first seven or more weeks compared to conventional immunotherapy. There may be a higher risk of allergic reactions, but overall the risk appears to be comparable to traditional immunotherapy schedules. They both provide the same effectiveness once the maintenance dose is obtained. It is important to be on time for cluster injections. If you are late for injection, we will adjust the dose accordingly. Once the maintenance dose is reached, you will continue to come weekly for about 8 weeks before increasing the interval to every 2 weeks.

## Cluster Schedule:

- Patients come ONCE WEEKLY, every 7 days. If more than 7 days, your dose may need to be adjusted, note your wait time may be increased.
- You will initially receive 3 sets of injections per visit for the first 4 visits, 2 sets of injections the next 4 visits, and then 1 set of injections for the remainder of the vial. There will be 30 minutes between injections and you will be monitored for 30 minutes after the final injection of the day.
- Please schedule a visit with a provider for the first injection day and week 8, the day you reach your maintenance dose.

## How many injections per visit

W0	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	W11	W12	W13	W14	W15
3	3	3	3	2	2	2	2	1	1	1	1	1	1	1	1

South County Cluster Shot Hours	West County Cluster Shot Hours	Ilinois Cluster Shot Hours
Monday: 8:30am-2:40pm	Monday: 8:30am-2:40pm	

Wednesday: 8:30am-2:40pm Wednesday: 8:30am-2:40pm

Thursday: 8:30am-2:40pm Thursday: 8:30am-2:40pm Thursday: 8:30am-2:40pm

Friday: 8:30am- 12:40pm Friday: 8:30am- 12:40pm

<sup>\*\*</sup> Please note that we do NOT administer cluster injections on Saturdays until week 9 \*\*